

jazzercise®

Classes held now

**at Brookside Manor in the dining room.
700 W. 7th (on Hwy. 56), Overbrook, Ks**

7:00 – 8:00 pm	Monday
7:00 – 8:00 pm	Tuesday
7:00 – 8:00 pm	Thursday
10:00– 11:00 am	Saturday

- **No Contracts**
- **4 classes weekly**
- **Options & modifications for beginners**

**Pricing :Best Deal \$30 per month auto-withdraw
from checking or credit card.**

**To join just arrive 10 minutes before any class.
Wear comfortable clothing that does not restrict
your movements and allows for sweat evaporation.**

**Also bring a water bottle, small towel, good aerobic
shoes, hand weights, and exercise mat.**

**For more information call Sandy Harris at 665-7744.
To view basic movements performed in class, go to
jazzercise.com**